

# CAD DAY 1

11.8.25

# Opening Exercise

**Journal for at least 10 minutes, group work for about 30, starting with the last bullet.**

- Tell the story – your journey for being in CAD, for being here today.
  - What was the outer, objective journey?
  - The inner, subjective journey?
  - Your soul's source of motivation? Describe yourself and your journey here in terms of your authentic yearning for truth and meaning.
- Why do you continue to show up for the Work? What is it that has compelled you to stay over the past year, noting your automatic, sensitive, and conscious energies at work?
- How has your time in CAD contributed toward your ongoing evolution and capacity for essence expression? In your ability to contribute to fields of endeavor that are important, not just for you, but for planetary and universal fields of endeavor?
- What would have been lost *on* you if had you not found this School? What is the significance for this in terms of what you care most deeply about? In what ways have you been able to alleviate suffering within yourself and invite others to do the same?
- Write down at least three principles about the nature and working of this particular school. No thinking allowed – allow something new to come in. Write these in complete sentences.

We are writing the last chapter, of a book that is part of a relatively small, potent library of esoteric work on the tree of the quest for (spiritual) development.





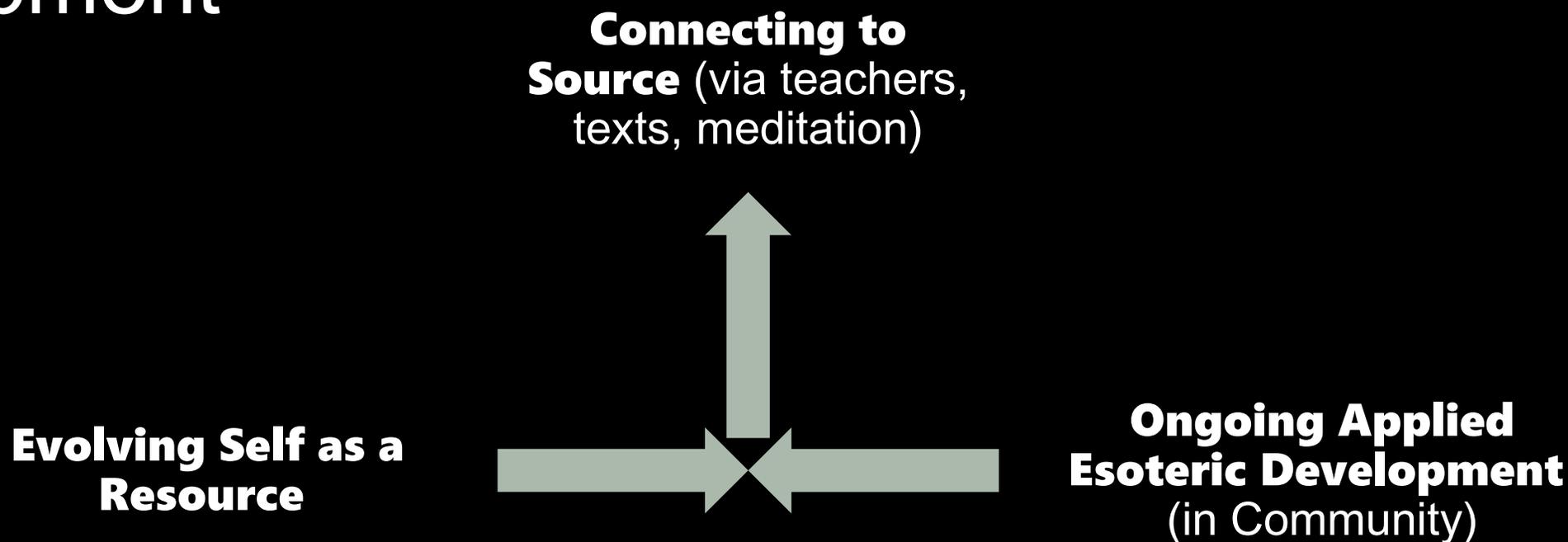
We are here

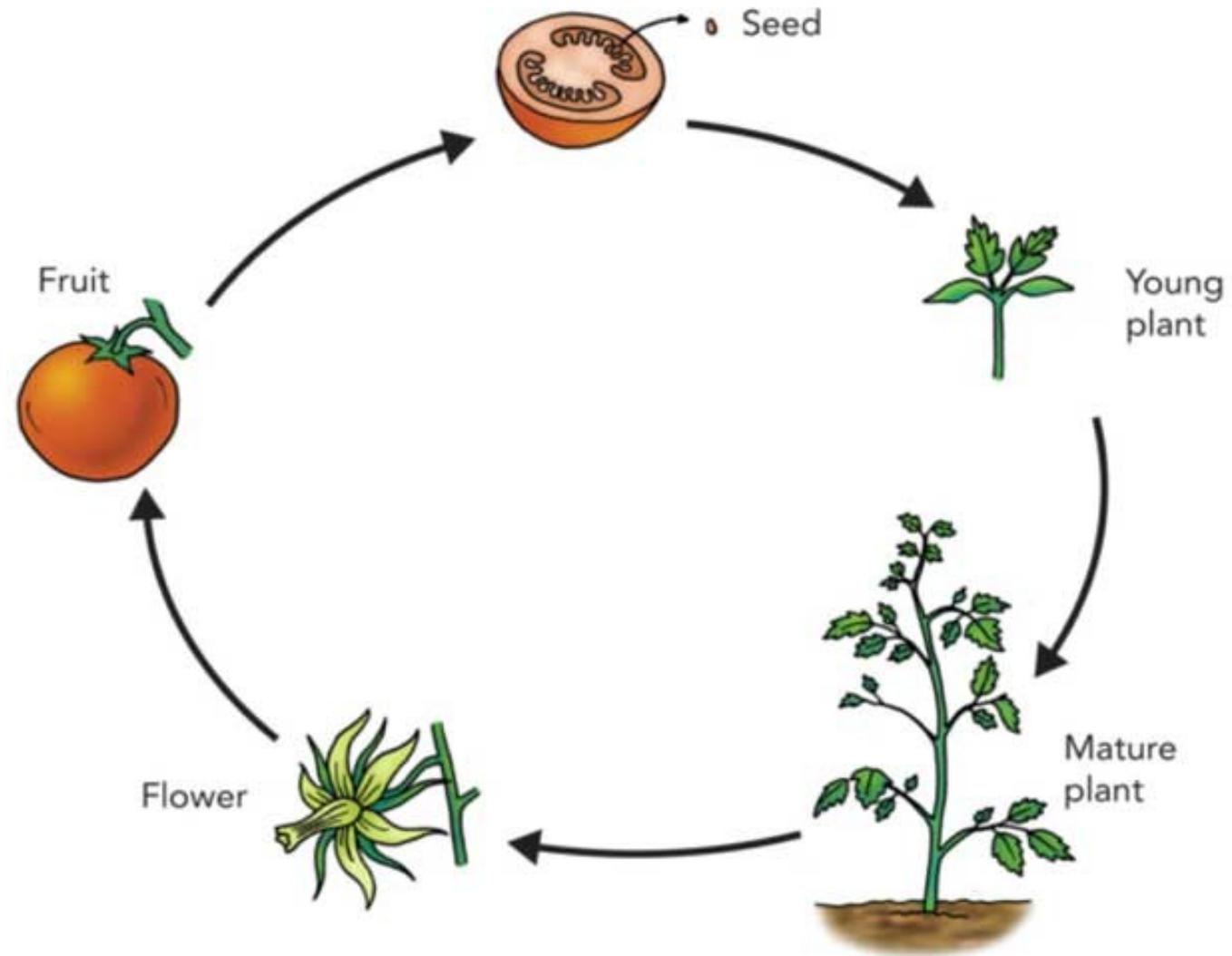


# What is this School-thing, anyway?

- Read the handout. Reflect on the following Questions.
- Use concrete imaging to as the foundation for responding to these questions:
- What is the significance of being part of something that is greater than any one teacher or any one community?
- What have you learned about what is true and helpful for your spiritual growth? In what ways have you, though this community and through the field of CAD deepened your sense of direction and discernment, distinguishing between true spiritual influences and those that are not?
- Increased your will and yearning to search for understanding and what drives your (and others) growth and development?
- Draft a law of three for what is activating, restraining, and reconciling your growth.

# Our Ongoing Development





# Seeding

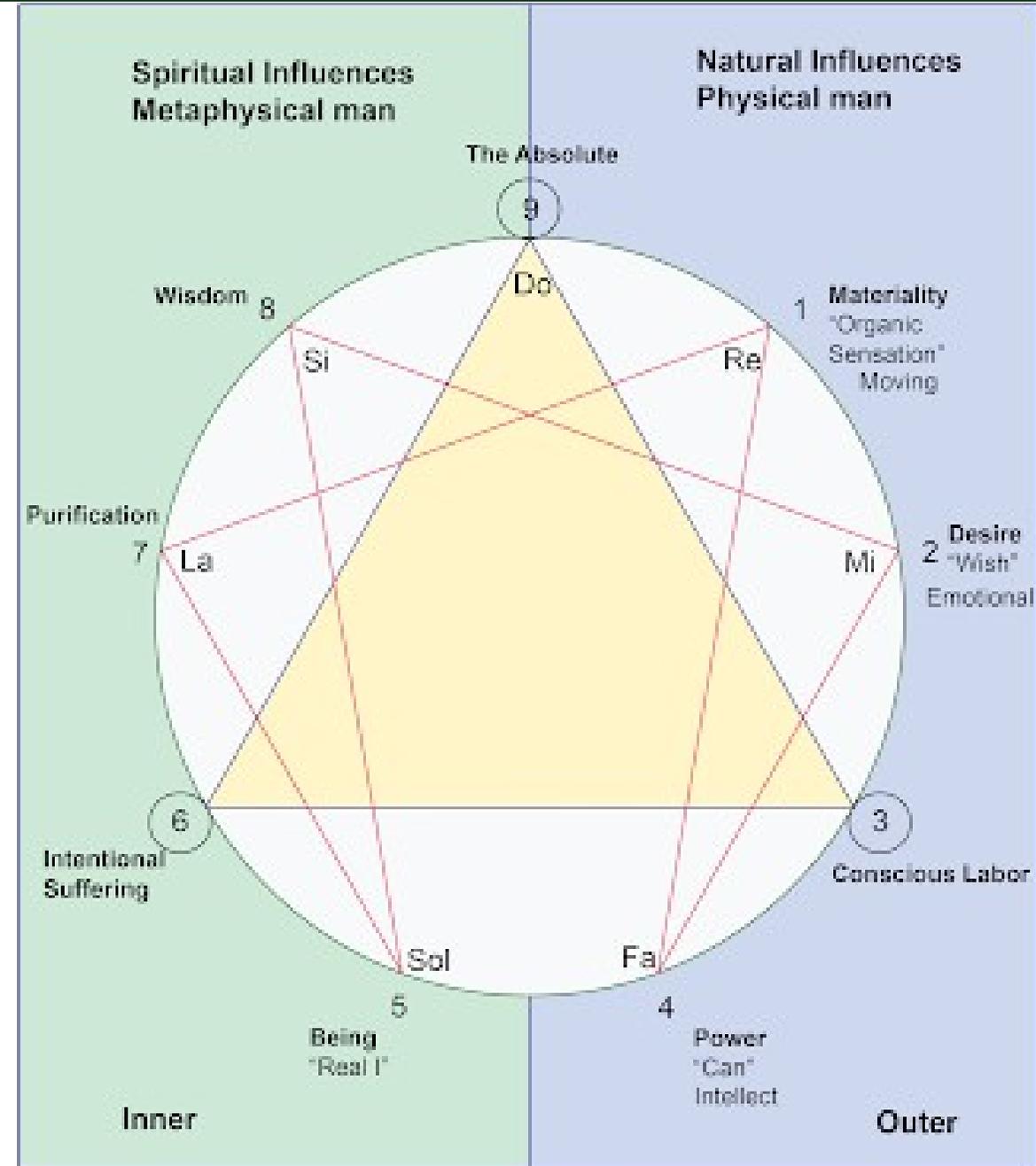
Many of you have reflected on Carol calling CAD and other work SEED Communities. Reflect a bit on your living memories of Carol and her dedication to developing seeds.

- What exactly was she seeding? Consider your own experience and what you have observed in others.
- What was the level of will and commitment that she demanded of herself? Her fierce caring, her relentless commitment to our (and her own) development? Her unwillingness to allow herself or us to be lazy in that development.
- What was it that Carol did for us? What was the effect of that on you?
- What have you learned from Carol about the nature and quality of energy required to develop yourself and to participate in the development of others?
- Write a short statement (aim), or use a framework (a tetrad, perhaps) how you how you will honor Carol and the light she offered to you as you move forward.

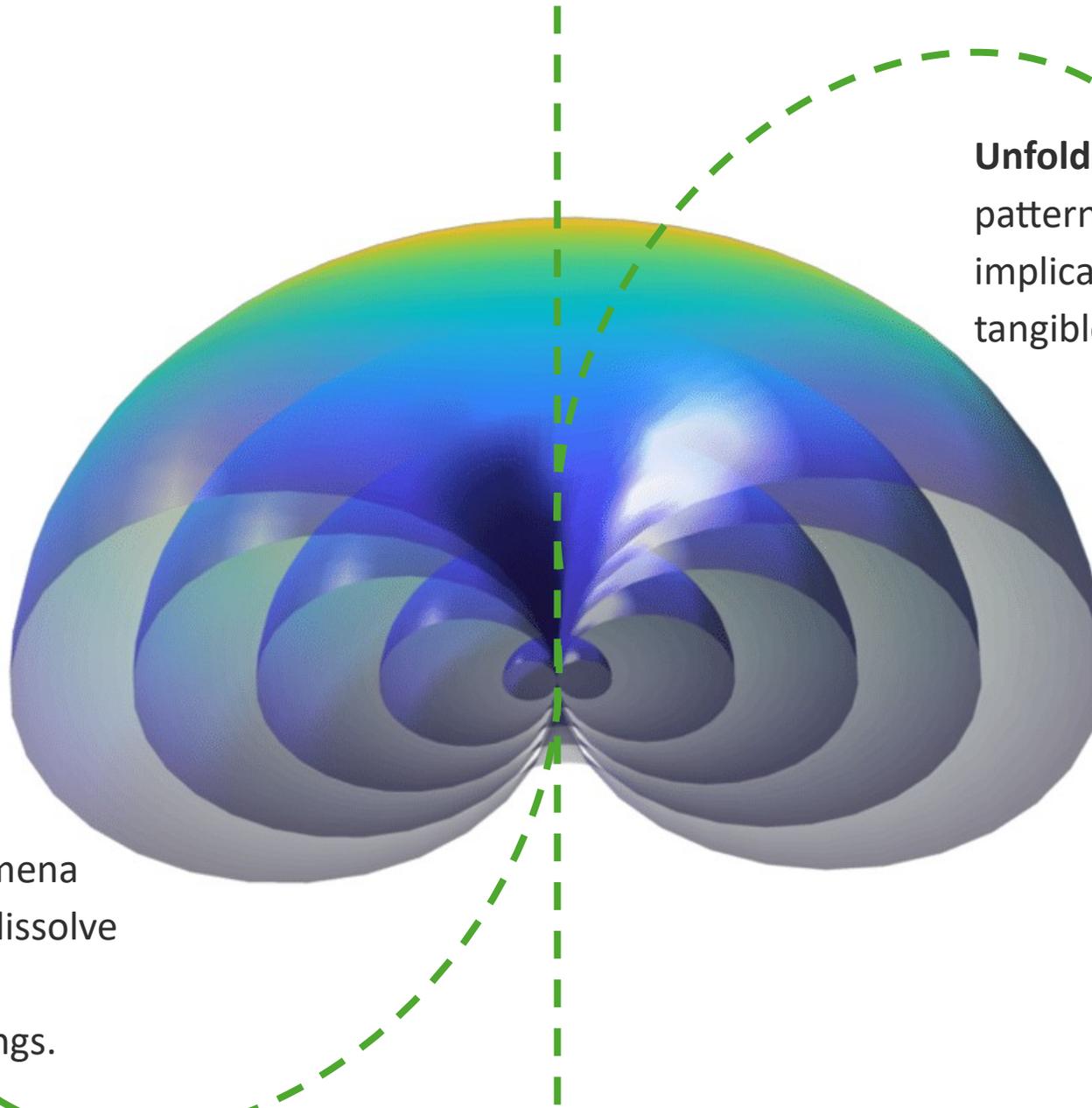
# CAD DAY 2

11.9.25

# The Enneagram as unfolding and infolding.



**Realizing**



**Unfolding** is the process by which patterns or forms emerge from the implicate into the *explicate* visible, tangible surface expression.

**Actualizing**

**Infolding** is where phenomena from the explicate world dissolve back into the *implicate*, influencing future unfoldings.

# Infolding & Unfolding Ourselves

**We need to sense the future (sourced from the implicate) to inform the present (i.e., the future creates the present).**

- Hold in mind your proximate world – your little “w” work, family, relationships, the land you inhabit, the communities that you are a member of. Pick **one** that you feel drawn to explore right now.
- Image that system having the capacities and capabilities to navigate the tremendous forces and pressures that it is facing right now with integrity, wisdom, equanimity, and grace. These are imperatives that reside in the future realm of implicate and superimplicate (the realm that is even deeper than the implicate!).
- In what ways does the emergent future and potential that you are seeing start to inform how to engage your essence at this moment?
- How do you grow your capability to sense the emergent/unfolding potential and your role in that, guided by your specific essence?
- What is it that you must do to become your future, evolved self? What do you need to innovate on and evolve in terms of sourcing, depth/frequency of disruption, level of dedication/will, and the nature of community that you engage?

# Transforming Energies

Engage in a “formal” resourcing structure. Ensure that each person serves in each role (agent / hot seat, resource, observer). It will be helpful if the agent chooses a framework that they will hold in mind. It’s helpful, but not essential that the resource know the framework too.

Will, Being, and Function is pretty much always a good go to.

Return to your chosen field that you identified in the last exercise and ask yourself the following questions:

- If I am to play the role of energy transformer within my chosen field, what will that take? Who will I need to become? What will it take to work with fields of energy and act as a catalytic vortex for evolution?
- Where are you currently falling short, maybe even failing miserably?
- How will you move toward transforming energies rather than just transforming the work that you are doing? What will be demanded of you to move up to the level of evolving capacity within greater systems that you nested within?
- What am I willing to commit to? How will you continue to develop your capacity over the next 5-10 years. What are you evolving toward? What are you developing in yourself?

# How can I find out what's going on?

- We will continue to rely on magnetic center.
- You can reach out to anyone you know – those listed or your lineage member and they can help connect you.
- If you are starting something, you are welcome to invite others from this community.
- You will have to demonstrate and regenerate your will to stay involved. That's part of the deal. Always has been.

# Current Unfoldings

- December 16<sup>th</sup> CAD PPD
- Conscious Dying (11/27, 7AM PT) – Trevanna Grenfell
- Academy and Agora – Sue Thomas, Alex Hutton
- Evolutionary Capacity & Succession – Sidney Cano
- Sacred Text Groups
  - EO Tuesday PM - Josie Plaut & Beatrice Ungard
  - Thurs AMs Dramatic Universe – Mario Yanez
  - Sunday PMs (US)/ Mon AMs (AUS) – Mary Casey
- Regenesis courses and offerings - open to CAD members
- Developmental Writing – Jendi Coursey
- Conscious Caregiving – Sue Thomas
- Spirit Resource Role, Tuesdays 8am NZDT – Akasadaka
- Land and Leadership Development – Didi Pershouse
- PPD for Business Development Resources– Beatrice
- CAD Intermezzo – next 11/28<sup>th</sup>, 11:00 AM MST - Sidney
- Regenerative Governance for Boards – Lara Lee
- Regenerative Business– Beatrice Ungard, Mark Morey, Lara Lee, Josie Plaut, others
- Regenerative Investing Academy – Sidney Cano
- TREC – Regenerating Local Economies – Sidney Cano , Ben Haggard
- Innovation & Decision Making from a Regen Paradigm – Jendi Coursey & Sidney
- Resourcing conscious marketing – Eric Pierce
- Livelyhoods that serve life – Karryn Olsen
- ReNourish – Lauren Tucker & Trevanna Grenfell
- First Seed – Ethan Soevive
- Resourcing Signal Group – Rashmir Balasubramaniam
- Plus many other endeavors... individual lives, specific businesses, etc.

# We get by with a little help from our friends...

**For all of the w/Work, both seen and unseen**

Resourcing for this Session

- Luke
- Akashadaka
- Sidney
- Beatrice

Tech & Administrative

- Jim, always
- + all other techies
- Tamara
- Bob

# A Candidate Aim

- **To:** honor, celebrate, acknowledge Carol and her work and to image the infolding and unfolding ecosystem of the school, our community of practice, and ourselves through higher order worlds.
- **IAWT:** allows us to see and experience the transmutation of energy that is nourishing the light within ourselves in service to the reciprocal feeding of universal life energies.
- **ST:** we individually and collectively manifest divine realization and higher states of being, in and through a world that is navigating profound transformation.

# From the last chapter of “The Mother”

Avoid also the error of the ignorant minds demand on the Divine Power to act always according to our crude surface notions of omniscience and omnipotence. For our mind clamors to be impressed at every turn by the miraculous power and easy success and dazzling splendor; otherwise it cannot believe that here is the Divine. The Mother is dealing with the Ignorance in the fields of the Ignorance; she has descended there and is not all above... If you follow your mind, it will not recognize the Mother even when she is manifest before you. Follow your soul and not your mind, your soul that answers to the Truth, not your mind that leaps at appearances; trust the Divine Power and she will free the godlike elements in you and shape all into an expression of Divine Nature. The supramental change is a thing decreed and inevitable in the evolution of the earth-consciousness; for its upward ascent is not ended and mind is not its last summit. But that the change may arrive, take form and endure, there is needed the call from below with a will to recognize and not deny the Light when it comes, and there is needed the sanction of the Supreme from above.

# Closing Round

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- What do you have hope for?
- What do you care deeply about?
- What do you need to sustain faith in?

