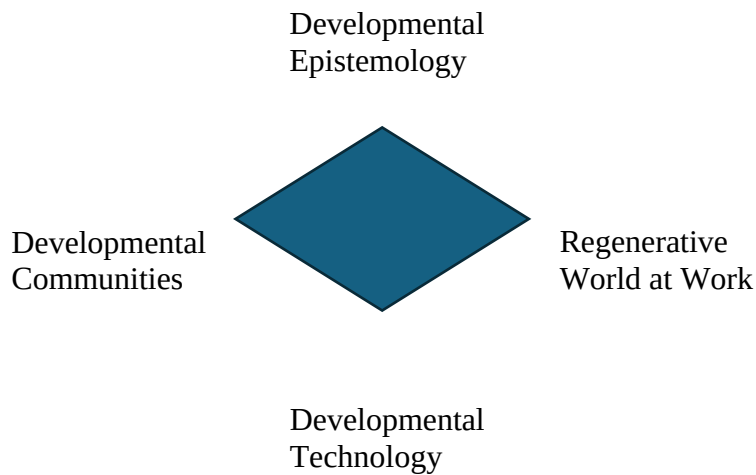


Why we work with Regeneration, and avoid the Do Good

Shifting to a Regenerative Paradigm

How do we know if we are working Regeneration with our solutions?



What are Paradigms and Why do they matter;

A prime reason we are not moving, especially fast enough, beyond ecological degeneration, societal inequity, or lack of institutional integrity is not because enough people are not getting educated and taking on what is needed. It is because we are not generating nodal ideas because we are not using the right mind and mindset, from which to generate interventions and action plans. It is like we are having a bad day and cannot think well. We are fuzzy and have an off day—every day. Therefore, we are living out Einsteins’ Caveat. ‘Don’t use the same mind to solve the problem that was used to create it.’ We are activating the same way of thinking that got us into the mess. But we don’t know that because have no idea there are different minds. Or what they might be.

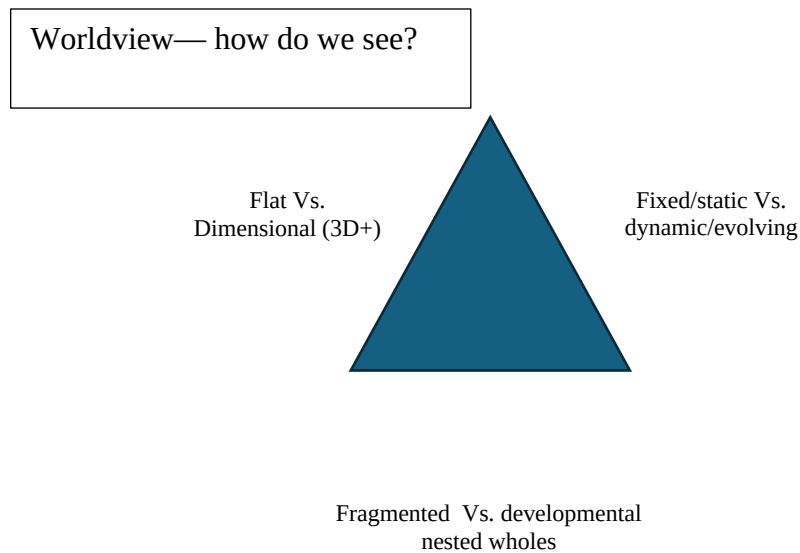
For a moment, think about the difference between your good days and bad days. Ones on which you just can't get a better idea, or don't attend to an important matter. When we feel exhausted and that we are in a loop. We can't get our mind to work. That is an example of what happens when we are not in the right mind. We cannot focus or make ourselves do so.

But this mind is not a flip of a switch to turn on the right mind. We do not have the capability to do it. It turns out the brain, mind, and emotional capacity have to be developed to see that there are different minds that can be put to work, what they are, and how to develop and use them. It is like being a detective where all the clues are invisible and you have to learn to see and image the whole event playing out. The difference from this metaphor is detectives use an inductive process of putting pieces of a puzzle together. And everything is already dead or dissected. That is how the science of fragments work. Make something, or seeing it, as static, sorted into parts and we select some part to study. We keep most of the whole static and unchanging, change one variable, and see what happens.

A Paradigm Resource is working deductively with premises being examined and imaging something working when it is whole and complete. If I said, imaging the Cascade Lifeshed at work, and how it works uniquely because of its geology, hydrology and biology," unless you are a professional geographer, you are likely stumped. Maybe if you are a professional in wildlife habitat you can but often they envision life from the wildlife perspective and cannot see the whole at work. We are taught to put the pieces together like a puzzle, which means it is fixed prices and not a Working ecosystem.

One aspect of our mechanicalness is an inability to see the world as dynamic, dimensional, and developmental. It is viewed a fixed/static, flat, and fragmented.

Goal of Regenerative Paradigm



Fragmented: This happens in two ways. We focus on problems or gaps, or specific strengths, and not as whole beings evolving. We also do not see them in context and working on the ecosystem they are in or being worked from within by a system. We see what affects us and what is designated as important, but not a being a work contributing of being engaged.

Flatland: If you have seen cartoons with one dimension character, also known as a flat character, you can visualize this lack of depth. Only one aspect of them is seen. We often see famous people this way. But we can live out life the

Fixed: Fifty years ago, I wrote a song to my now long past ex-husband with a refrain of, “you know who I was yesterday, do you know who I am today?” We tend to relate to people, and even landscapes as unchanging. Static! The Truman Story. Same life is lived everyday.

Source of Do Good Paradigm

- Enlightenment- rejecting supernatural as only source of wisdom and knowledge, thus bifurcating knowledge sources and domains.
- Humanist Movement was reaction to behaviorism and refined the Era of rational but still used it.

- Newtonian science is fragmenting by its scientific protocols.
- Senses were chosen as only acceptable way to register data and introduction of cognition is denied
- Chose therapy not development from the behavior ontology of needing external experts
- Generic Ideals from Greeks not sacred text

Science of Wholes - simultaneous actualization (assess and understand) and potentialize (get more able at seeing and working on understanding); self-observing of state and premises which you get better at overtime. Study in context and living and working. All that is alive has a role and work to do in an ecosystem of nested systems.

Science of Fragments — dissect, fix by not living any longer. Categorize with parts out of context or seeing in a VAP within a systems.

Not DO some of all paradigms, are not a list of options of which some are better than other.

Day two: Work in Community, externally, to grow self and restraining influences of fragmentation,

Regenerate You! and Everything often - how, what, why you make your offerings. Stop when see not doing regeneration and shift promises you make.

Never work without a living systems framework to disrupt and develop self.

Reflect using work ideas to wake yourself up.

Regeneration by indigenous definition:

Levels of Work Framework

Level of Work	Description	Implications and meaning
Regenerate Work	Evolve Capacity to Express Essence of a system as imbedded in a living systems' essence of Place	Generic and standardize ideas are shunned with priority given to essence expression at each opportunity but evolving the beneficiaries capacity and ableness to deliver on this for themselves, Vs. doing it for them based on our ideas and ideals.
Systems improvement work	Systems are set up to move offerings that advance the life and offering that improve outcomes for all beneficiaries, including systems offerings, systems interface of materials, and system of making and delivery.	Innovation is rewarded when it is moves the ecosystems of beneficiary toward realizing goals with upgrading systems to better serve aspirations for their life or business.
Maintenance Work	As in a complete, dynamic field of other suppliers, regulatory, and materials, additional effort is taking to maintain the relative competitive position we have set for ourselves.	The beneficiaries have choices and those entities who manage the dynamics affecting their operation and the buyers' outcomes are given preference
Operate Work	Delivering a purchased or promised value to a beneficiary (buyer, user, or another stakeholder)	Doing so matching or exceeding agreements with us for their life or work

The Relationship of Levels of Work and Levels of Paradigms Frameworks.

These are not overlapping frameworks. All levels of work need to be done in an endeavor for it to succeed in a context through time. The endeavor obviously calls on operational level of work in getting the work done. There will always be repair-maintenance work and if smart, preventative maintenance work on all functions from purchasing through marketing. To staying abreast of change, improvement and redesign of systems is necessary for maintain self-actualizing of all parties. If the work offered is based on living systems evolution, the

regenerative work must come into place. But this is a step function shift that does not extend or build off the systems improvement level, but a reset of using essence thinking and essence realization

All the Levels of work change depending on the paradigm, and not all are considered in all places or simultaneously, depending on the paradigm. We do increasingly volume, focus, and intention at different levels of work at each paradigm.

Levels of Ordering ¹ Paradigms of Framing Mutually exclusive	Image and use of Levels of Work ² The Meaning of Work Changes with each paradigm
Evolve Capacity/ Living Systems Development Mind and Being ableness Focus: Structuring of Life Role: Resource	<u>Regenerative</u> - Essence Realization & Expression <u>Improve</u> Systems-Evolve Whole Systems <u>Maintain</u> -Imperative Principles <u>Operate</u> -Organizing concept based on VAP
Do Good Proselytize/ Colonize Focus: Inner Consciousness Role: Steward	<u>Improve</u> – Spreading a Socially Constructed Order (Religion, Governance, Culture) <u>Maintain</u> -Ideals for Belonging / movements <u>Operate</u> -organizing concept based on tribal missions/purpose/visions (Pursues Change based on an ideology)
Arrest Disorder Focus: Becoming Functionally Dynamic Role: Manager	<u>Maintain</u> - RCP/position/ status/ restore/ renew <u>Operate</u> - Organizing concept based on reduction in entropic designs and activities (only considers two forces— (from Kurt Lewin’s theory of change ³) or John G Bennett’s Systematics.
Extract Value Static/Dogma/ conservatorship; Roles: Guardian	<u>Operate</u> - organizing concept based on procedures/standards/mores/ social constructs (rarely move above operate work)
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³ Only two forces, for an against, and a weighted analysis based on outcomes, to assess proceeding)

Essence Realization: How do we know if we are realizing Essence or personality?

Essence⁴ realization is applying essence thinking to discover, reveal, and articulate essence of an entity by understanding its working in a system-in value adding processes. For most people, it is not expressed and is dormant through life, leaving personality in the driver's seat. The challenge in drawing out essence is to overcome the strong, almost overwhelming tendency, to realize "favorably" personality traits. Personality is the socialized characteristics that are learned in the society and family in which they arise. They sit on the surface of our being and operate as different puppets putting on a show in different domains. Personality seeks to be noticed, accepted, and lauded. Personality is where our strengths and weakness reside. It is what distinguishes us in our various social settings by our recurring mechanical behaviors.

Essence on the other hand, has no personality in it. No conditioning or socializing by others or institutions. It was seen by Plato as a set of properties or attributes that make an entity the entity what it is or, expressed negatively, without which it would lose its identity. Plato used the term *Ousia* from which Latin scholars created an equivalent word. In each case it meant true or Singularity of Being moved by inner structuring and patterning, sourced from intrinsic qualitative forces and energy resulting in inferable characteristics. Our School, following wisdom traditions of many Schools, has created a triad as a way of detecting our true being or Essence. The triad frameworks, when used correctly, enables discernment of Essence by, repeatedly, how we are moved to processing events, the higher purposes of living processes we unwaveringly seek serve from efforts across events, and the value we seek to bring to the world and enable the structuring of life from events we enter or create. Together, these manifestations provide three windows on a being-at-work, in events in which they engage. But we cannot reveal essence by asking the questions directly. They are only revealed watching the entity at work in a system, making its decisions, choices, and taking on particular and specific ordinates and

⁴ Essence is a [philosophical](#) and [theological](#) term, originally used in [ancient Greek philosophy](#), then later in [Christian theology](#). Not a psychological term since beyond material existence. It was used by various ancient Greek philosophers, like [Plato](#) and [Aristotle](#), as a primary designation for philosophical concepts of [essence](#) or [substance](#). In [contemporary philosophy](#), it is related to [English](#) concepts of [being](#), and [ontology](#). In [Christian theology](#), the concept of [θεία ουσία](#) (*divine essence*) is one of the most important doctrinal concepts, central to the development of [trinitarian doctrine](#).^[1] True Singularity of Being,

positioning relative to other options. It is somewhat like looking forward with one's gaze, but the eyes are turned sideways away from the event. The peeling away of surface existence sensory data to discover how the mind and being behind the events are driving it. The Wizard behind the curtain and even behind or inside the wizard.

Essence is not detectable with the senses. It does not change or improve overtime while we are in a body. It cannot be classified into typologies or models of characteristics. It is singular. It come with us when we are born, depending on what your cosmology is, by choice of sacred evolution to be increasingly engaged as we develop our outer being to be useful and manageable. Or by Karma from previous choices and lives. Sometimes our languaging is indicative, but often not, since we are addicted to the interpretations that the ego offers, fooling us into thinking it can see us more clearly.

Essence can overcome existence's gravity and is then experienced as coming from beyond our body-based self. Existence tends to recede in the moment and a force comes forward that is recognized by us but also is something beyond the ordinary. It feels like a merging of thy will and my will are present in the moment. It also feels joyous and unattached to any particular outcomes, even when the event is difficult or challenging; because one feels a wave of meaning and significant is filling up the event. The Resource supporting this realization is a necessary but distracting and dangerous instrument. The ego of the resource suffers and offers all the same distractions to them as to the entity seeking to give up its essence as an \ entity.

Since Essence is not detectible with the senses, we have to find special events, where something different arises, or arose, in us from a higher energy we manage to cathect (put effort into rising above personality) by quieting and directing personality in the effort). It is reaching up for upper soul infusing and receiving a gift of consciousness.

We can tell if we are doing personality realization, not Essence if:

- Our Ego is *pleased*, and we want to use it for worldly life events rather than Work events. (sign of solipsism).
- One or more of our small 'I's' is patting us on the back. (sign of wasted energy)

- We are thinking about what others will say, that are in the various circles to which we belong. (sign of identifying)
- It fits with what we thought it would be (a sign of attachments and moving its meaning toward our current images of 'your best self.')
- We are engaging in developing a story that makes Essence grandiose or mysterious. (sign of fabrication)
- we are using the offering for rationalizing anything you have done or been that was inviting negative emotions in others, as OUR Essence. (This is my best signal that personality is in charge and cloaking itself in Essence garb—a sign of fear or defensiveness)

Manifestations of Essence presence

- We experience a divided self that can simultaneously be the observer and the observed, the doer and the observer of the doing.
- We feel humbled and insufficient to the task but rising agency to learn and act.
- We feel in the presence of greater energies that are not about our life, or even us.
- We feel obligations to work more on ourself and less judgmental of others. What if they never experience their essence?
- We feel we need to reexamine our life and work and clean up some relationships. But that we have a better idea how to do so now.
- We want desperately, to remember the experience and be in that moment and know we will forget. But want to learn how to regenerate it.