



Three Pursuits for
a Meaningful and
Contributing Life

Personal Professional
December 15, 2015

My Teachers

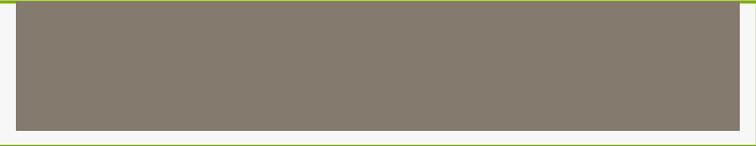
- ◉ Dewitte T. Holland age 18-20
- ◉ Dr. Stafen Riesenfeld age 22-23
- ◉ Charles Krone age 33-60

Three Pursuits

1. Rigorous DISCERNING
2. IMAGING The working of LIFE
3. Reveal and Express ESSENCE

For Each Pursuit—

- What is it?
- Why does it matter?
- What does it produce that's different?
- How does it work? How do you do it?
- What capability must you build?



Rigorous Discernment

Dr. Riesenfeld

Rigorous Discernment— Dr. Riesenfeld

- **Discernment:** able to grasp and comprehend among the obscure. Keen insight and discriminating judgment

Why does it Matter?

- What is Sourcing and Framing our thinking, understanding and Acting

Discerning needs References

- A Body of Thought from—

Schools

Parents

Church

Culture

Our paradigm acquisition



What Does It Contribute?

- Overcome tendency to be on Automatic and easily determined by others
- We opt for consciousness and full use of our humanness

Produces Something Different

- Without it, we have A Paradigmatic Scramble; Mixing and matching.
 - E.g. incentives to care for Earth
 - E.g. rewards for learning
- We can uplift innovation

How we understand



Epistemology- How we can know and what we can know

Cosmology— how the universe works. Paradigm

Ontology- nature of existence; human beingness

Technology- application of knowledge into a cohesive approach

Techniques-way to proceed for outcomes

I Saw Something NO ONE Else Saw





ERAS of Paradigms

© 2015 copyrighted Carol Sanford Institute
All rights reserved.

Cosmology—Paradigms and Worldviews

Living Giving
Order

Regenerative Paradigm & Practice

Human Potential Paradigm & Practice

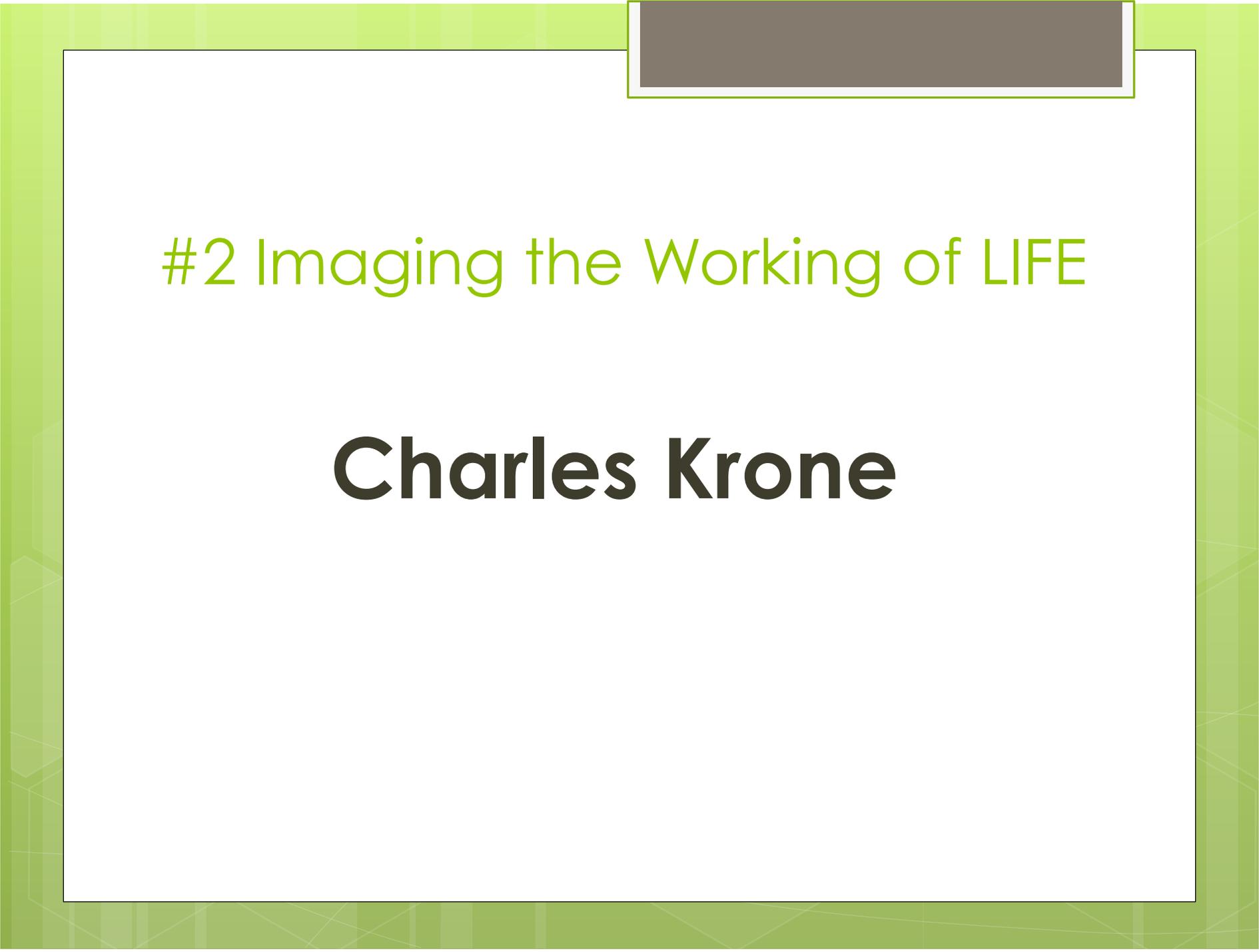
Behavioral Paradigm & Practice

Machine Paradigm & Practice



Capability to Build

- Examination of Life starting with *How we think* and *what allowed to think about*
- Use Language as Clues



#2 Imaging the Working of LIFE

Charles Krone

#2 Imaging the Working of LIFE

What is it?

- Life being lived, not dissented and parsed

Systems as Work

Guilds at Work

Entities at Work

Guild at Work

Remove **wolves**

Fat **elk** without prey

Stream **banks** accessible

Willow and aspen seedlings eaten before mature.

Beavers decline as willows declined.

Wetland habitats disappears **slowing the flow** of water and distributing it **over broad areas**

Overgrazed riverbanks eroded.

Banks barren. Spawning beds & Amphibians.

**Yellowstone's Web Of Life Frayed And
Become Threadbare**

Guilds At Work

Spruce tree **produces sugars tips.**

Squirrels eat nutritious tips.

The **forage for mushrooms**, high in protein.

The squirrel **leaves its feces**—sugars, proteins, and activated fungal spores

The fungus germinates in the soil.

The fungus grows nutrients in the soil
available to the tree.

The tree **creates more tips**

Imaging—Why does it matters

Removes **Anthropocentric** worldview and reduces **hubris**

Humans are nested in Life and have a **vocation** in a guild

Produces Something different

A **logic for interdependency** verses polarity as an alternative to Darwinism

Move from Collaboration and Cooperation to **Correlate-ability** links systems and internal and external

Creates a **Value-Adding Process** view of work, not Value-Add

How does it work?

- See any act as **affecting a guild** and a system and can estimate the value it brings

E.g. comfort in learning?

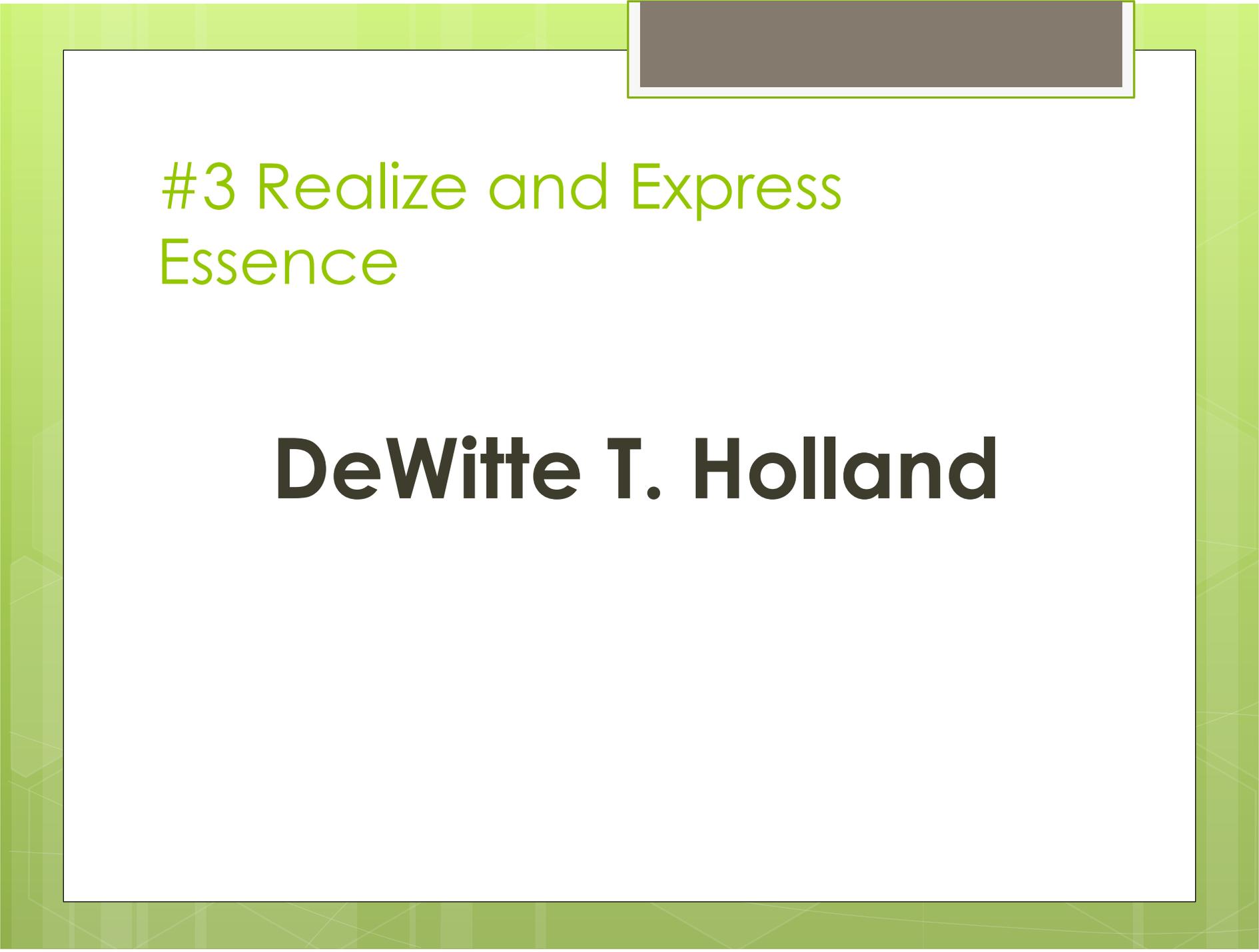
- **Keystones and nodes** as points of significance

E.g. wolves are Keystone species in Lifeshed.



Capability to be Built

From OUR Values—
To Value Generating
Capacity



#3 Realize and Express
Essence

DeWitte T. Holland

#3 Realize and Express Essence- What is it?

- All wholes in existence have an innate core of being, that without it, it is not
 - Each human
 - Each Material
 - Each System/Lifeshed

Children



Why it matters?

Take from static, fixed,
inanimate and inert, to
agent of contribution

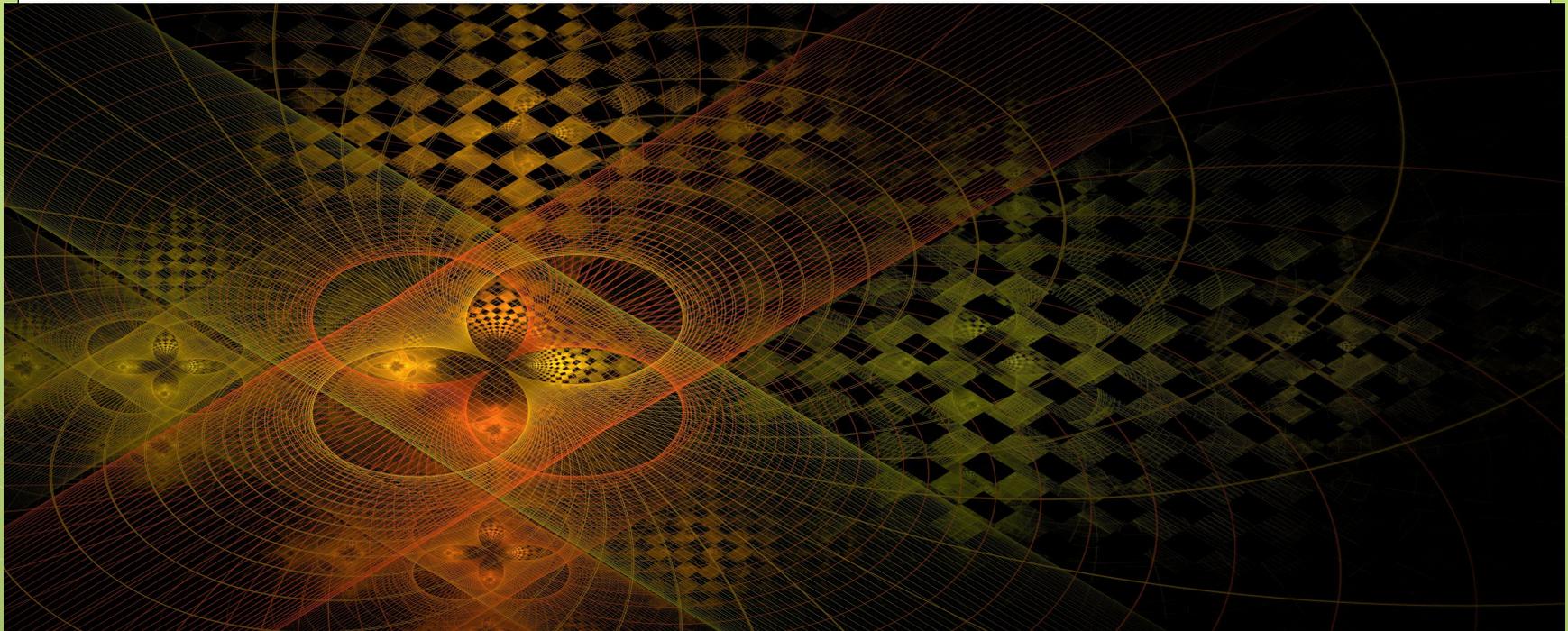
Evoke consciousness and
caring

Produces that is different

- Separate from Personality (and all the typologies, strengths, stereotypes.
- Use personality as the instrument of Essences endeavors
- See the non-displace-ability of ANY life
- Clarity of Vocation

How does it work?

- Image the BEING pattern behind the SENSORY patterns.



Capability:

Imaging as a Mediation to find, not your Mantra, but the **Mantra of the Being**

- Not imagination (make it up)
- Not Imagining (how it could be)
- But Imaging (how it is working as a system when whole and complete)

Build the MIND that can do the rigorous discernment required.



Three Pursuits for Life of Meaning and Contribution

1. Rigorous DISCERNING
2. IMAGING The working of LIFE
3. Reveal and Express ESSENCE

Carol Sanford

- carol@carolsanford.com
- www.SEED-communities.com/change-agent (My community of 3 Pursuits)
- @carolsanford LI- carolsanfordKEYNOTE
- FB & YouTube carolsanford2